

I AM THE BREAD

March 1, 2020

Introduction: We begin a new series today looking at the “I Am” statements in the book of John. Our series will end Easter Sunday, April 12 with Jesus’ words, “I am the resurrection and the life.” Today we discuss Jesus’ statement, “I am the bread of life.” I hope you will join us each Sunday over these next few weeks. Thank you for joining us today.

Scripture: John 6:35-39

“Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal” (John 6:27).

I. ‘I Am’ the Bread of Life

³⁵ Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. ⁴¹ So the Jews grumbled about him, because he said, “I am the bread that came down from heaven.” ⁴⁸ I am the bread of life. (John 6:48). ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh” (John 6:35, 41, 48, 51).

II. Eating His Bread – Drinking His Blood

⁵³ So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. ⁵⁵ For my flesh is true food, and my blood is true drink. ⁵⁶ Whoever feeds on my flesh and drinks my blood abides in me, and I in him (John 6:53–56).

III. Examining Oneself

²⁷ Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. ³⁰ That is why many of you are weak and ill, and some have died. ³¹ But if we judged ourselves truly, we would not be judged. ³² But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world (1 Corinthians 11:27–32).

A. My consumption of the Supper is a discerning process.

B. Whatever one is eating or drinking has the ability to give life or to produce death.

IV. Consuming the Bread of Life

⁵⁷ As the living Father sent me, and I live because of the Father, so whoever **feeds on me**, he also will live because of me. ⁵⁸ This is the bread that came down from heaven, not like the bread the fathers ate, and died. **Whoever feeds on this bread will live forever**" (John 6:57–58).

A. Feed on his word.

*But he answered, "It is written, "Man shall not live by bread alone, but by **every word that comes from the mouth of God**" (Matthew 4:4).*

B. Do his will.

*Jesus said to them, "My food is to **do the will of him** who sent me and to **accomplish his work**" (John 4:34).*

C. Treasure his words.

I have not departed from the commandment of his lips; I have treasured the words of his mouth more than my portion of food (Job 23:12).

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I. The ‘I Am’ the Bread of Life

(John 6:35, 41, 48, 51)

II. Eating His _____ – Drinking His _____

(John 6:53–56)

III. Examining _____

(1 Corinthians 11:27–32)

A. My consumption of the Supper is a _____ process.

B. Whatever one is eating or drinking has the ability to give _____ or to produce _____.

IV. Consuming the Bread of Life

(John 6:57–58)

A. Feed on his _____.

(Matthew 4:4)

B. Do his _____.

(John 4:34)

C. _____ his words.

(Job 23:12)